

Catholic Parishes of Aberystwyth and Lampeter

Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

Welsh Martyrs Church

Holy Cross Church

Our Lady of Mount Carmel

Piercefield Lane, Aberystwyth, SY23 1RX Victoria Street, Aberaeron, SA46 0DA Pontfaen Road, Lampeter, SA48 7BS

Parish Priest | Offeiriad Plwyf Fr Matthew Roche-Saunders (matthew.roche-saunders@menevia.org)

Parish Office | Swyddfa Plwyf 01970 617159 | 07481 250934 | aberystwyth@menevia.org | lampeter@menevia.org

Safeguarding Representative | Cynrychiolydd Diogelu Tess Truss | tesstruss@gmail.com | 07792 001608

Online | Ar-lein www.parishofaberystwyth.org.uk | www.catholicchurchlampeter.org

Facebook: **Ceredigion Catholics**

1st December 2024 1st Week of Advent Year C Weekday Year I Psalter Week 1			
Date Dyddiad	Aberystwyth Welsh Martyrs Merthyrion Cymru	Aberaeron Holy Cross Groes Sanctaidd	Lampeter Llambod Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 1st December 1 st Sunday of Advent Sul Cyntaf yr Adfent	5.15pm Confessions Saturday 6pm Vigil Mass <i>November Lists</i> 8.30am Holy Mass <i>November Lists</i> 10am Confessions 10.30am Holy Mass <i>Elango Kanickam RIP</i>	9am Holy Mass <i>Louis Devlin RIP</i>	11am Holy Mass <i>People of the Parish</i> <u>12.15pm Open Parish Meeting</u>
Mon 2nd December	6.30pm Confessions 7pm Holy Mass (on campus) <i>November Lists</i>		
Tue 3rd December St Francis Xavier			6pm Adoration/Confessions 7pm Holy Mass <i>Patrick Swan RIP</i>
Wed 4th December	9am Adoration/Confessions 10am Holy Mass <i>November Lists</i>		
Thu 5th December		9.30am Adoration/Confessions 10.30am Holy Mass <i>Christian</i>	
Fri 6th December St Nicholas	5pm Adoration/Confessions 6pm Holy Mass <i>Chris and Tess Truss</i>		
Sat 7th December Dedication of St Joseph's Cathedral	9.30am Adoration/Confessions 10.30am Holy Mass <i>Margaret Caldwell RIP</i>		
Sun 8th December 2 nd Sunday of Advent Ail Sul yr Adfent	5.15pm Confessions Saturday 6pm Vigil Mass <i>November Lists</i> 8.30am Offeren yn Gymraeg (Mass in Welsh) <i>People of the Parish</i> 10am Confessions 10.30am Family Mass <i>November Lists</i>	9am Holy Mass <i>Deceased of the Devlin family</i>	11am Holy Mass <i>Priest's intention</i>
Sunday Plate Collection Casgliad y Sul <i>Thank you for your generosity – diolch am eich haelioni.</i> 24.11.24 £431.07 (Aberystwyth/Aberaeron) £131.25 (Lampeter Llambod)			

Advent Welcome to a new season and a new year! This is a prime moment to make a resolution about our personal lives of prayer, paying a bit more attention to what is known in Catholic spirituality as 'the interior life'. Our interior lives need as much, if not more, attention as our exterior lives – especially at such a 'busy' time of year. Perhaps this season of Advent could be an opportunity for you to dedicate a bit more time to the necessary work of silent prayer and solitude. What could that look like for you? We will be experiencing three different kinds of prayer across our three churches this season: feel free to join in and explore...

- **Morning Prayer**, at 10.15am (during Adoration) on Thursday 5th, 12th and 19th December, Aberaeron
- **Lectio Divina**, praying with the Christmas Gospels: Mondays 9th and 16th December, Lampeter
- **Rorate Mass**, a dawn experience of the Mass on the feast of St Lucy, 6.30am Friday 13th Dec, Aberystwyth

Mission Appeal Welcome to Fr Emmanuel Ogunnaike who will celebrate Mass in Aberystwyth this weekend, and make an appeal for his work with the Missionary Society of St Paul. There will be a second collection (cash or card).

Walk with Me This Advent daily prayer companion is now available to buy for £1 a copy, available in each church.

Assisted Dying Bill This is a painful moment for us, who recognise God alone as the giver of all human life. We keep praying for this intention as it goes forward for further conversation and clarification. Archbishop Mark gave this statement: *“The passing of this bill is deeply disappointing and indicates a worrying trend of how we look out for the most vulnerable in our country, especially those with disabilities, the sick and the elderly. I hope that with further reflection our society will recognise this is not the way to go.”*

Lampeter Parish Meeting We meet after Mass this Sunday for our next parish meeting, until 1.30pm. All welcome!

Papal Bull On Monday 2nd December the new Archdiocese of Cardiff-Menevia will be canonically declared at a Mass in St David’s Cathedral, Cardiff, as the ‘Papal Bull’ written by Pope Francis is publicly proclaimed, which established our new Archdiocese on September 12th this year. Please remember to pray for Archbishop Mark as he shepherds us in this new territory covering the whole of southern Wales and Herefordshire.

Taste and See Would you like to come to the next session? A chance to explore the riches of our Catholic faith. 6pm-8pm, Weds 4th December, St Padarn’s School, on the topic of **‘The Church’**. All welcome.

Aberaeron Foodbank is looking for donations of Christmas food and treats **no later than December 6th** please (after which the box will be removed) – you can place it in the box in the porch, or hand to Gill Pearson.

Christmas Fayre 12pm-3pm Please mark Saturday 7th December in your diaries to support this event at St Padarn’s School, for the fundraising projects at Welsh Martyrs Church. *(Could you donate a prize for the tombola?)*

Deanery Recollection December 7th A day of Advent reflection on the theme, *‘The gift of gratitude’*, at Our Lady of the Taper, Cardigan: tea/coffee at 10am, talk, confessions, Mass, a shared lunch, and the Rosary at 1.30pm.

Offeren yn Gymraeg Bydd yr Offeren nesaf ar 8fed mis Rhagfyr, am 8.30yb. *(Welsh Mass on 8th Dec at 8.30am)*

Fundraising Curry Malar and Soosai will make portions of chicken curry and fried rice for those at the 10.30am Mass in Aberystwyth next Sunday 8th. Portions are £3 each, and all money will go to the parish fundraising projects.

Advent Youth Event A number of young people from our parishes are coming to an event called ‘Longing for Light’ on Saturday 14th December, aimed at 12-18 year olds. There will be talks, music, discussion, a chance to meet new friends, and plenty more. It’s £10 per person which includes the transport to St David’s College in Cardiff, the day’s activities, and lunch. Let Fr Matt know if you’d like a space on the minibus (spaces are going fast!)

Christmas Raffle Tickets are now available – please take some with you to sell to friends and neighbours! The draw will be after the Carol Service on Sunday 15th December. *(Would you be able to donate a prize for the Raffle?)*

Gazebo Club Christmas Lunch Wednesday December 18th for our seniors’ group. Contact Madeleine for more details and to book your place, 07866 626519.

Caldey Chocolate We’ve been offered the possibility of selling chocolate bars made on Caldey in our piety shop. Do you think this could work? If so, have a word with Tasha (Aberystwyth), Anne (Aberaeron) or Heather (Lampeter).

Christmas Mass Times The Mass times will be as follows, from Tuesday 24th to Wednesday 25th December – please pass these on to friends, family and neighbours who might be waiting for your invitation!

- **7pm Vigil Mass** in Holy Cross, Aberaeron
- 9pm Carols and **9.30pm Mass** at Our Lady of Mount Carmel, Lampeter
- 11.30pm Carols and **Midnight Mass** at Welsh Martyrs, Aberystwyth
- **9am Dawn Mass** at Welsh Martyrs, Aberystwyth
- **11am Morning Mass** at Welsh Martyrs, Aberystwyth

SoundCloud Some of Fr Matt’s Sunday homilies are now available if you’d like to listen again or share. Go to <https://on.soundcloud.com/Tz4Ap>, where they will be uploaded as and when recorded.

Donations If you’d like to donate to the mission of Aberystwyth parish, you can use this QR code. Many thanks for your generosity.



Food Bank Collection points are in each church porch. Recent needs include:

Aberystwyth: spaghetti rings, tinned fruit, biscuits, soap, men’s deodorant.

Aberaeron: please see the note in the newsletter.

Lampeter: strong ‘Bags for Life’, pasta, sugar, tea, small jars of coffee.

Diolch yn fawr iawn – thank you very much!